

## **Crisis Support and Response (1 Day)**

Mental health issues are becoming more and more common and First Aiders are being called upon to help colleagues, friends, family, and members of the public.

This course equips individuals with the skills and knowledge required to assess and respond effectively to people experiencing crises. It focuses on ensuring safety, providing immediate support, and referring individuals to appropriate services. This unit is relevant for those working in community services, health, or similar fields, where crisis intervention is part of their role.

This course covers the following accredited course:

- **CHCCCS019** Recognise and respond to crisis situations

### **COURSE DURATION:**

St John offers the following delivery options:

- 1 day (face to face workshop with pre-work): Participants are required to undertake online e-learning module prior to attending the face-to-face workshops for practice and assessment.

### **CERTIFICATE**

On successful completion of this course, you will be issued a statement of attainment in:

- **CHCCCS019** Recognise and respond to crisis situations

### **COURSE OUTLINE:**

This course covers the following topics among others:

- Identify imminent crisis situations
- Address immediate safety concerns
- Provide referral for crisis intervention support
- Principles of self-care

### **More Information:**

For more information about this course or to book a private session, please contact:

Website: [www.stjohnnt.org.au](http://www.stjohnnt.org.au)

Email: [training@stjohnnt.asn.au](mailto:training@stjohnnt.asn.au)

Phone: (08) 8922 6229