

# Combined Asthma and Anaphylaxis

This course is designed to give you the confidence, knowledge, and skills to recognise and manage asthmatic and anaphylactic emergencies including the use of the asthma inhaler and the adrenaline auto-injector.

**22556VIC Course in the Management of Asthma Risks and Emergencies in the Workplace:** This course provides the skills and knowledge to be able to develop an asthma risk assessment and emergency management strategy to handle asthma episodes in the workplace. It provides background knowledge of the triggers, signs, symptoms, and effects of asthma as well as emergency management.

**22578VIC Course in First Aid Management of Anaphylaxis:** This course provides the skills and knowledge to be able to provide first aid to a person experiencing anaphylaxis until the arrival of medical assistance. The course also covers the recognition, risk management, prevention, and risk minimisation strategies related to anaphylaxis. It provides the outcomes required to develop and implement a risk management plan to reduce the risk of severe reactions in individuals diagnosed at risk of anaphylaxis.

## **PARTICIPANT COHORT :**

Participants generally include first aiders, teachers or childcare workers who require skills in managing an anaphylaxis emergency. Some participants may attend the course to meet workplace requirements. The target audience for this course includes, but is not limited to:

- Early childhood educators and teachers (primary/secondary)
- Sports coaches and Outdoor recreation guides/leaders
- Industry/workplace first aiders
- Residential aged care and Disability support workers

## **PRE-REQUISITE UNIT:**

There are no mandatory entry requirements for this course.

## **COURSE DURATION:**

St John offers the following options:

- 6 hours face to face workshop: This is full face to face course and participants are required to attend the full workshop.

## **CERTIFICATE:**

On successful completion of this course, you will be issued a statement of attainment in:

- **22556VIC** Course in the Management of Asthma Risks and Emergencies in the Workplace
- **22578VIC** Course in First Aid Management of Anaphylaxis.

For more information on this course,  
contact the Training Office in your area  
**1300 ST JOHN (1300 785 646) [WWW.STJOHN.ORG.AU](http://WWW.STJOHN.ORG.AU)**

