



What would you do if you were the first on the scene?



Don't be a First Aid Dummy!

QUIZ

With our **Don't be a First Aid Dummy! Quiz**, each month, we'll take you through an emergency situation where you'll be put on the frontline. Test your knowledge or brush up on your skills with our short, serious but fun first aid quiz. It might not only improve first aid outcomes but help save lives.

Want to get the monthly quiz email? Just [click here](#) to join!

this month: **Poisoning**

What would you do if...?

Amelia is having a Dry Season clean out. She has emptied all the kitchen cupboards and is busy cleaning inside them. Sophie is 18 months old and happily playing with some saucepans on the kitchen floor. Amelia does not mind the noise of the lids crashing together, as long as Sophie is happy and she can get on with her cleaning.

Amelia suddenly realises that it has gone quiet. She looks down to where Sophie was just sitting a few moments before and sees that she is leaning into the cupboard under the sink. Sophie has found a bottle that Amelia missed and somehow got the top open. There is coloured liquid dripping from her mouth, her face is an awful pale colour and she seems to be gasping for air.

What should Amelia do?

Incorrect

a. Give the child something to make them vomit.

Inducing vomiting can cause further significant harm to people who have ingested a poison. If the substance is a chemical (eg strong acid or alkali), vomiting will cause the substance to come into contact with the food pipe and throat.

Correct

b. Wash any substance from the skin.

Call 000 and monitor the child's breathing until the ambulance arrives. See Full Correct answer below

Incorrect

c. Give the child some soft drink and a jam sandwich.

This would be ineffective. The child should not have anything to eat or drink until assessed by a Doctor.

Incorrect

d. Give the child a spanking for being naughty.

This will not help the child if they have been poisoned. The child needs medical attention ASAP.

Correct answer in full:

Call 000 for an ambulance

Have the container handy to show the Paramedics, call Poisons Centre 13 11 26

Wash the child's skin with water to remove any corrosive substance. Do not give anything to eat or drink. Do not give anything to make the child vomit – this could cause more harm. If the patient becomes drowsy or unconscious place them on their side and monitor their airway and breathing.

Stay with the patient until the ambulance arrives.



Poisoning and your First Aid Kit

What would you use from your kit?



Poisoning and First Aid Training

Which course can teach you more?

Poisons Centre 13 11 26



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