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St John

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Message from the CEO



Welcome to our latest Outback Ambulance magazine. A Happy New Year to all and I trust that you all stayed safe and well over the busy festive season. In this edition you will hear about some of our key events for the 2012 year, it was certainly a busy one! Our volunteers celebrated two milestone birthdays in Tennant Creek and in Darwin. The Territory played host to the St John National Member Convention and we held our inaugural Charity Golf Day. You will read about these and many other of the exciting events we have been involved with over the past year.

Our inaugural St John Ambulance Charity Golf Day, kicked off the events in May with fantastic community support engaging 204 players for a fun filled and very hot day. The day allowed us to thank our existing supporters and to welcome many new members to the 'St John Family'. We look forward to the continued support of the local business community in making this event a regular feature in the St John calendar.

I would like to take this opportunity to thank all of our valued supporters who have contributed in some way over the past 12 months to our continued growth and success. We greatly appreciate the ongoing support of many of our long term partners and at our Annual Appreciation dinner in November, I was proud to welcome Merit Partners and JR Communications and Telstra Shop Palmerston to our Endowment Trust supporters Hall of Fame. You will be able to read more on our supporters later in the magazine.

The highlight of the St John calendar for members Nationally, is the Annual Member convention, which is held in a different State or Territory each year. 2013 was the Territory's

opportunity to showcase how we do things Territory style. The convention was also the staging point for the launch of our St John Ambulance NT History book 'Awkward Hours, Awkward Jobs', written by volunteer Frank Dunstan. The book is a wonderful insight into the history of St John in the NT. If you haven't already got one, they are available at our retail outlets in both Darwin and Alice Springs.

Federal funding was received to deliver the Extended Care Paramedic (ECP) program in the NT, in conjunction with Health Workforce Australia and further information on the program can be found later in this edition.

Our Paramedics were again recognised for their outstanding contribution to the community at the Paramedic of the Year Awards in September, thanks to the support of the Rotary Club of Darwin Sunrise and our valued sponsors. A total of 27 nominations were received this year which is testament to the dedication and professionalism they bring to their jobs every day, we are extremely proud of you and you truly are an inspiration to the organisation. Congratulations to all nominees and particularly

Amanda McNeill on winning the overall award.

Finally, a big thank you to the NT Government for their ongoing support to St John Ambulance NT as the provider of the Ambulance Services across the Territory. Thanks also for the outstanding contribution all staff and volunteers have made to the growing success of the organisation.

Ross Coburn
Chief Executive Officer

From the Director

Education and Training

First Aid Training: For the first time since 2009/10 our Commercial First Aid course fees will be increased in an effort to in some way keep pace with the mounting cost pressures we are experiencing. This increase will take effect as of 1st January 2014. As reported to the Annual General Meeting on 20th November '13, some of these pressures include; wages, equipment, venue costs, repairs and maintenance, travel, accommodation and fuel. In light of these increasing costs and coupled with reduced participation levels over the past 12 months, Training Department has no avenue left to it but to attempt to recover a least a portion of these costs by lifting our charges. Promotionally we will now, more so than ever before, be advocating the quality, reliability, frequency and flexibility choosing to train with St John offers.

The training environment we operate in has always been competitive. This is increasingly the case in today's marketplace. Competition should always be seen as a challenge to be met head-on, not shied away from. Competition demands that we ensure we are offering products and services which are meeting the needs and expectations of an extremely diverse customer base. The Inplex project has seen the number of providers delivering first aid training in the NT (particularly the Top End) increase significantly. The choice of training providers now available to and no doubt welcomed by learners, affords them the opportunity to shop around and secure the training they feel will best suit their requirements. St John NT has a Training Team which is unquestionably committed to providing a quality customer focused service and I strenuously advocate this at every opportunity. It is something I truly believe and a key reason why St John NT aims to be the first name people think

of whenever they think about first aid training. I suggest the 4 areas mentioned previously are what first aid learners and/or those who may be funding their St John training experience, are most concerned about. For today's first aid learner, it really is all about value for money and training with St John NT genuinely represents just that.

Paramedic Training: Following the successful transition of entry level Paramedic training into the Higher Education sector, we are now entering the very early stages of research around the options available to us to undertake the same exercise for Intensive Care Paramedic (ICP) training. ICPs offer advanced patient care management options at a level which has now become a community expectation, not in all circumstances but certainly in those which require 'more' than the basic care officer is approved to deliver. This 'more' not only applies to skills but in almost equal amounts, to knowledge. The majority of pre-hospital events attended by an ambulance are capably and competently managed by a base level Paramedical response. There are situations we are all aware of which, simply due to their nature, require 'more' to ensure the most positive outcomes possible are achieved for the patient. The ICP response offers this. The potential to transition ICP training now being researched will be given significant and thoughtful attention. As the picture becomes clearer about how ICPs may be able to better meet increasing community expectations in this area, further communications will be shared among St John NT Paramedics. Aside from meeting community expectations, St John is also mindful of the increasing clinical expectations of paramedical staff in their chosen career.

Concurrently with ICP qualifications being considered for a Higher Education transition, the Extended Care Paramedic (ECP) program is being critically reviewed in an effort to identify how this increasingly significant area of out-of-hospital care can be continued after the date set for the current Health Workforce Australia (HWA) ECP project's conclusion. The continuation of a service such as that offered by ECPs is considered ideally positioned with the Ambulance Service. As with all things, such 'valued-added' opportunities in patient care come with a price tag and it is this 'challenge' and how it can be tackled that is now the focus of much attention. Personally, I am of no doubt the ECP program provides benefits on three significant fronts, (i)-for the user who is able to receive appropriate care and referral without leaving home, (ii)-as a way of reducing patient presentations to the ED, and (iii)-for the ECP practitioners as a new career path is opened to them.

Finishing up, Respect, Quality Service, Integrity, Dedication and Compassion. These are St John NT's 5 Core Values which I encourage all members of the St John NT family to incorporate into their daily work. Wishing everybody all the best for 2014.

Brendan Quirke
Director Education and Training

Re-stockist *out and about in Darwin*

There are many benefits to the community in having such an extensive sales department within St John.



In Darwin, we are lucky to be able to offer our services to the general public, corporate and small businesses.

Our 'on the spot' restocking service allows us to visit businesses and assess what is needed in their first aid kits depending on their type of work environment.

We have a database which all of our customers have the option of being on either 3, 6 or 12 month schedule. At the start of each month we make contact with who is due for their restock. This takes the pressure off the customer and is one less thing they need to worry about.

In Darwin we have two restocking vehicles that travel all over including Jabiru, Mt Bundy, Adelaide River and Katherine.

We carry all the required first aid goods in our vehicles as well as extra first aid kits.

On request we can undertake site assessments. We offer our professional opinion to what is needed at work sites to bring them in line with NT Work Safe standards.

We take great pride in the service we provide. We acknowledge the fact, that our customers rely on us to make sure their first aid kits are up to current WHS standards.

I really enjoy being a re-stockist. Having that face time with customers rather than via email or phone communication is definitely a bonus.

I have been in some funny situations including almost falling into the ocean at Stokes hill Wharf. I was lucky enough to have had the job of re-stocking a marine kit on a vessel. Which included making my way, from the wharf across to a large tug boat. You would think it would be easy, just a leap across, but unfortunately being short didn't work in my favour that day!

Another funny story that comes to mind, is when I was restocking at a day-care I thought I would take a short cut across the grass area. Which I thought was a great idea at the time that was until.... I saw a goanna about 5cm from my foot, screamed, threw my folder on the ground and ran for twenty metres then realised it had stopped chasing me. It was seriously the longest 10secs of my life!

But all in all, it is a job that gets me out and about in the community and I love being able to pass on my knowledge that I have gained from being at St John Ambulance.

Erica Nichols
Restockist

Extended Care Paramedics

A new role for SJANT Paramedics is providing patients safe and appropriate care in their place of residence.

Extended Care Paramedics (ECPs) are experienced paramedics with advanced training and skills in patient assessment, delivery of quality care and coordination of appropriate referral pathways. ECPs treat identified patients in collaboration with other health professionals, in their usual place of residence, thus reducing emergency department presentations and inter-facility transfers.

Background

Health Workforce Australia has funded five implementation sites to test the ECP model and how well it can be adapted to better meet local needs and conditions.

The project sites are:

South Australian Ambulance Service, Limestone Coast

South Australian Ambulance Service, Port Lincoln

ACT Ambulance, Canberra

St John Ambulance NT, Greater Darwin

Ambulance Tasmania, Greater Launceston

Four St John Ambulance NT (SJANT) ECPs have completed advanced training and clinical placements through Edith Cowan University and have been delivering the ECP service in the greater Darwin region since March 2013. They all have gained additional knowledge and skills, increased their patient assessment capabilities, and broadened their clinical decision making skills.

A national evaluation of the ECP model will inform the critical success factors required to ensure sustainability of the model at each site and support adoption of the role nationally. The trial will be completed in June 2014 when sites will take over the forward planning and adoption of the model in their local context.

The St John Northern Territory ECP project aims to:

- Reduce disruption to patients, their carers and families by providing care to patients where they live, when appropriate.
- Reduce the cost to the health system associated with emergency department presentations and patient transfers between medical facilities.
- Increase career pathways and retention strategies for paramedic professionals through the provision of expanded roles.

The tasks undertaken by extended care paramedics complement the primary healthcare delivered by general practitioners and other health professionals in the community.

Latest News

Most recently Extended Care Paramedics came together from across Australia at the Health Workforce Australia conference in Adelaide. Presenters included ECP Erin Maczkowiack and Paramedic Education Manager Brad Sanderson who spoke about the benefits of the expanded role in improving the patient journey. A case study was presented.



During this presentation Ms. Maczkowiack referred to a dementia patient she treated at a local residential aged facility that had sustained a laceration. Following a full clinical and physical assessment, and in consultation with staff at the facility and the St John Medical Director, and the patient's carers and immediate family agreed that the wound would be immediately sutured by the Extended Care Paramedic at their facility and referral would be done with the patients GP in a few days time. This is an example of patient journey where the patient was treated safely in their home setting and were able to avoid a transport to the emergency department, which oftentimes, can be lengthy, disorienting, potentially very traumatic for the dementia patient and quite work and time intensive for facility staff. Due to this Health Workforce Australia initiative, with advanced training and skills in patient assessment, delivery of quality care, this patient was able to be treated by the ECP with coordination of appropriate referral pathways.



For further information please go to: <https://www.hwa.gov.au/work-programs/workforce-innovation-and-reform/extended-scopes-of-practice-project/extending-role-of-paramedics>



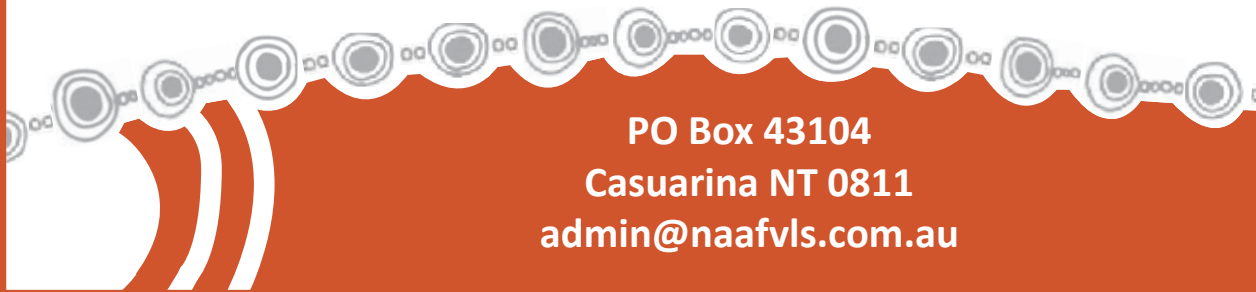
North Australian Aboriginal Family Violence Legal Service

NAAFVLS is a family violence outreach legal service based in Darwin and Katherine offering assistance and support to victims of Family Violence and Sexual Assault

- Legal advice
- Casework assistance
- Information
- Court Support
- Community Legal Education

Toll Free

Darwin: 1800 041 998 Katherine: 1800 184 868



PO Box 43104
Casuarina NT 0811
admin@naafvls.com.au





Each year, St John Ambulance hold an Investiture and Graduation ceremony to honour members who are admitted or promoted within the Order of St John Ambulance and also to acknowledge the achievements of those Paramedics, who have attained their Diploma in Paramedical Science (Ambulance)

The Ceremony at Government House was hosted by the Administrator of the Northern Territory, The Honourable Sally Thomas AM DStJ. It is always such a special occasion and a favourite on the St John calendar.

This year was a very special occasion for the NT, as we had the pleasure of inviting a number of interstate guests as this event was the first function for our National Member Convention. CEO's and Board members from around Australia were invited to join the recipients and enjoy the hospitality of Her Honour and revel in the perfect dry season weather.

Members who have achieved long service are presented with a 'service bar' acknowledging their dedication and commitment. We are honoured as an organization to be able to acknowledge we have over 10 staff members, each dedicating over 20 years of service. Something that many organisations are not able to do.

Admissions & Promotions

Promotions

Members are promoted within the Order of St John of Jerusalem for services rendered to the Order and to the Community.

Mr Ross Coburn
Promoted to Commander

Mrs Gwyn Balch
Promoted to Officer

Ms Virginia Dowson
Promoted to Officer

Mrs Debbie Garraway
Promoted to Officer

Admissions

Members are admitted to the Order of St John after a strict nomination process. The following members were admitted

Ms Kate Owen – Communications officer and volunteer in Alice Springs

Mr Bruce Garnett – volunteer with Batchelor Volunteer Division

Ms Mandy Paradise – Paramedic and Volunteer in Katherine

Mr Henri Raafs – volunteer with Humpty Doo Division

Mr Steve Rudder – Paramedic and Volunteer in Katherine

Mrs Regina Seller – Community Education officer in Alice Springs

Priory Vote of Thanks

The Investiture and Graduation Ceremony is an opportune time for us to acknowledge the ongoing commitment and support of members of the local community, who support our volunteers in a number of ways throughout the year.

It is with great pleasure that we are able to acknowledge the support of:

Mary McAlpine and Johnny Politis
from Area9 IT solutions

Nick Frangoulis from Choices Flooring

and also Jayne Rothall from JR Communications and the Telstra Shop Palmerston.

All three local businesses have been long term supporters of our volunteers and it is through this local community support, that we are able to utilise funds to assist with ongoing training and valuable equipment for our volunteers.

In addition to the Investiture ceremony, this year we proudly presented fifteen Paramedics, with their Diploma of Paramedical Science (Ambulance) at the ceremony.

Aaron Brooks	Darwin
Jake Bruce	Alice Springs
Allison Daly	Alice Springs
Rhys Dowell	Katherine
Suzanne Forwood	Katherine
Simon Hales	Darwin
Brock Hellyer	Katherine
Natalie Koehn	Darwin
Kylie Newport	Darwin
Carlo Novak	Darwin
Natalie McKeen	Darwin
John Payne	Darwin
Tracey Ramm	Katherine
Karl Visser	Darwin
Robert Webster	Darwin

LONG SERVICE

5 years

Megan Ashton
Janna Auricht
Brett Butler
Brian Ch'ng
Adrian Cousins
Michael Hatfield
Tristan Hatcher
Terri-Lynn Miles-Morland

5 years

Donna Paradise
Stephen Rudder
Sue-Ellen Skinner
Emma Trennery
Kylie Killalea
Sam King
Robyn Wilson
Peter Monks

10 Years

Nick Bigwood
Natalie Higgins
Rory O'Connor
Warren Purse
Terre Renzi
Tony Wood

15 Years

Gwyn Balch

Full Page ad to be sold

From the *Sales team*

St John Ambulance Australia (NT) Inc. has grown substantially in the last 60 years to ensure we can facilitate the needs of our expanding local community.

As part of our community commitment and to ensure continued service to our customers our Darwin based Sales Department relocated to larger premises situated 416 Stuart Highway Winnellie in 2012.

This year we are very pleased to announce we have opened a Sales Department retail outlet in Alice Springs. Our retail outlet is situated behind the Ambulance station with entrance off AllChurch Street.

To help celebrate the opening of both our new sales premises, we hosted, in conjunction with the Chamber of Commerce, Business at Sunset Events.

Darwin Business at Sunset event was held on 16th January 2013 with over 140 attendees from various industry groups.

Alice Springs Business at Sunset was held 14th November 2013 with over 50 attendees, also with attendance from various local businesses.

Both events were a great success and afforded St John NT the opportunity to showcase to Territory businesses the many facets of our organisation.

Dedicated to our professional service and community commitment, we thrive on customer satisfaction and encourage all members of

the community to have a well maintained First Aid Kit to ensure they are prepared at all times. Customers are encouraged to keep their First Aid kits up to date with our regular restocking service. First Aid kits can be taken to our retail outlets where our staff will check and replenish kits.

For business customers one of our friendly staff will attend your site to advise you of your first aid needs in accordance to legislative requirements. Our sales team can enter your business details into our database for restocking service to be conducted at regular schedules ensuring your first aid supplies are available when needed.

St John Ambulance NT recommends the following restock schedule for business;

Every 3 months - check and restock for High risk industry

Every 6 months – check and restock for Medium risk industry

Every 12 months – check and restock for Low risk industry.

This convenient service has no call out or servicing fee for business customers who are located within the regional areas of Darwin and Alice Springs if service is conducted within the

As most residents of the Northern Territory are aware St John Ambulance Australia (NT) Inc. is committed to supporting our community in many different ways.

- The commitment of our dedicated Volunteers to assist the public at many varied events,
- provision of the Ambulance service across the Northern Territory,
- supply of accredited and non accredited First Aid Training,
- mechanical services conducted within our mechanical workshops for members of the public,
- the sale and restocking service of First Aid Kits, First Aid consumables and pre hospital medical equipment.

above schedule.

Our restockist also service Katherine and Tennant Creek at various times through the year. Orders can also be placed by contacting our sales department and any required products can be freighted to you via your preferred freight provider.

Our Sales Team are happy to assist you with any enquiries.

Please visit our web site for further details or email

Sales@stjohnnt.asn.au

For Telephone contact please call Darwin Sales 08 89352500 or Alice Springs 08 89 596652

As this is my last year as Manager for St John Ambulance Australia (NT) Inc. Sales Department I would like take this opportunity to thank our Sales Team across the Territory. They are all a dedicated group of professionals with a commitment to ensuring our customers are provided with the correct products to suit their needs.

Sales Team Members Northern

Susan Treacy
Erica Nichols
Bridget Horder
Tim Sherry
Darsh Raman

Sales Team Members Southern

Bernadette Evans
Richard Brady

Save a life Award

Bill McGill

Friends and Neighbours, Bill, Sean and Michael, regulars at the footy on a Saturday afternoon, thought this was just another day, until they arrived home to be confronted by a very frightening and life changing event.

Michael and Bill had just walked Sean past his front door and were making their way into Bill's yard, when Michael looked over at Bill and realized he had turned an unhealthy shade of grey, then proceeded to collapse. Not breathing and non-responsive. Michael called out for help and immediately commenced CPR.

Sean, his wife Kim, Michael's wife Diane and Bill's wife, all arrived on the scene and jumped straight into action.

Sean called 000 whilst both Kim and Diane took turns in giving life saving breaths, in between Michael's heroic efforts with CPR. Their training and quick response paid off, with the team able to revive Bill prior to the ambulance arrival.

The operator on the 000 call was able to bring a moderate sense of calm to the panic, while reassuring all of them that they were doing exactly the right thing. They talked through how Bill was looking, how he was responding and confirming that what they were doing was in fact making a difference. It was through these amazing actions, that Bill is here with us today.

En route to hospital, Bill took a turn for the worse, and again had to be

revived by the crew, with the use of a hearstart machine. Bill's daughter a qualified nurse said "you train for and see this type of thing every day, but it just does not seem real when it happens to someone you love". She went on to say that she was really impressed with the efficiency of the female ambulance crew, who "...were really calm and reassuring and did a fantastic job, under the circumstances. There was a point during the transport to hospital, when Bill's heart stopped and the paramedic had to use the Heartstart machine". Bill's daughter said, "it was very scary, and I could visibly see the relief on her face when the shock actually worked and brought him back, it was as if she was as relieved as I was, it was like a miracle".

His daughter indicated that the most frustrating and infuriating part of the transport to hospital was the ignorance displayed by drivers when approached by an emergency vehicle. She said "I felt like I could have jumped out of the car and punched someone." Bill's daughter asked why we do not have more awareness campaigns about such issues on the road, which is certainly a complaint from all emergency services.

After spending a week in hospital, Bill now has a pacemaker fitted and is back to full health and enjoying a normal life.

The friends are all able to laugh about the event now and make fun of each other about how events occurred, with Michael ribbing Sean that he took the easiest option and called for help. While Michael got the raw deal, giving the CPR. It may have been a different story had Michael and his wife Diane not completed first aid training. Michael had only completed a refresher course in February the year before.

Bill is unable to recall any of the events, only the walk home from the footy. But he is very thankful for their help and is quoted as saying "he was disappointed about all of the ladies kissing him and he remembers nothing about it".

Bill had a history of heart attacks, having one in 2001 and 2003, spending a week in CCU from one episode.

Sean, Diane, Michael and Kim were all presented with Save A Life Certificates at our National Member Convention in May.



1 | Paramedic Virginia Dowson, Kim Parnell and CEO Ross Coburn | 2 | Sean Parnell | 3 | Michael Osborne | 4 | Diane Osborne

Looking Forward

St John Ambulance Australia (NT) Inc was delighted to host the 2013 National Member Convention. Each year the conference is rotated around the states and territories and it provides an excellent opportunity to both profile the various regions and to show the rest of the country what the different states and territories have to offer.

To make the most of the beautiful dry season weather we decided to hold a number of events outside and showcase the unique lifestyle we have here in the Territory. I'm sure we provided something for everyone from the fun happy hours, informative member sessions the inaugural Great Debate and many more wonderful events that made up the four day program. The gala dinner at Crocodylus Park was a huge hit with the outdoor setting under the stars and the animal magic theme which everyone embraced. The church service at Christ Church Cathedral is always a memorable event and it was a spectacular sight to witness the robed member's processing into the church.

The St John member conventions and conferences format has changed since the Northern Territory hosted the 2004 conference in Alice Springs so it was a challenge to be able to entice visitors from other states to come all the way to Darwin and to ensure they had an enjoyable and memorable visit. It was even more important to ensure we offered something for everyone. Since the Convention, we have received many positive comments about the program

offered and genuine hospitality received. We were delighted to receive 269 registrations in total, with 163 people travelling from interstate to join us.

We thought it was an important element of the Territory experience, to extend the hospitality by providing a transport service throughout the delegate's stay. This service is not provided in many other states and was certainly appreciated by all our visitors, especially as some of the flights into Darwin arrive very late at night. The bus drivers, expertly managed by Craig Garraway, did a terrific job so thanks to Michael, Kevin, Frank, Benny, Pat, Peter and Wayne.

The convention was a great opportunity for former Territorians to come back and visit us and it was wonderful to be reunited with old friends: Susan and Scott Loechel; Tony, Brenda and Jaimee Oxford; Brian and Margaret Carnegie-Smith; Noel and Liz Talbot and Dawn Bat.

Our special thank you to all volunteers, staff and members who made this event possible, you are all a credit to the organisation and we are grateful for your hard work and willingness to help.

Anna Russell



1 | Members of the Order of St John following the Church Service at Christ Church Cathedral

Looking Back

St John Ambulance National Conference
31st May – 2nd June, 2013 Darwin



Top Paramedics Recognised



Our top paramedics were recognised at the 2013 Paramedic of the Year Awards, held on Monday 26th of August at Parliament House and hosted by the Honourable Robyn Lambley MLA, Minister for Health. This year the community and colleagues recognised twenty seven outstanding paramedics who exemplified the highest standards of patient care. The impressive number of nominations this year is testament to the outstanding job paramedics do every day, often in very challenging and stressful conditions across the Territory. Our paramedics' efforts do not go unrecognised and their presence in the community is invaluable; they bring a sense of calm and comfort to patients and families who need them most and place their trust in their hands.

Now in its 14th year, the Paramedic of the Year Awards was established by the Rotary Club of Darwin Sunrise to recognise officers who demonstrate the highest standards in professionalism and compassion. Ainslie Ward, the President of Rotary Club of Darwin Sunrise says that "the work of paramedics touches many lives and the way in which they carry out their work is the

source of much admiration". The Awards provide an opportunity for people who have been personally treated by one of our paramedics, to express their gratitude and ensure that officers are continually encouraged and rewarded for their efforts, which often go above and beyond the call of the job.

Congratulations to the winner Amanda McNeill; her dedication, compassion and ability to put people at ease is truly inspiring. Congratulations also to Highly Commended winners Mark Ferguson and Lindon Johnson for this wonderful achievement. Thank you to all the Paramedics, Patient Transport Officers and Emergency Dispatch Officers in the Northern Territory for continually striving to be the best and serving your community at the highest level.

This event is only made possible through the generous support of the following sponsors; Colemans Printing, Country Classics, Palmerston Telstra Store, Rydges Darwin Airport Resort, Territory Surgical Supplies, Northern Territory Government and United Voice.

Nominations are now open for the 2014 Paramedic of the Year. If you feel you would like to nominate a Paramedic who has provided you with outstanding care and would like them to be acknowledged, please contact Debbie Garraway by email at Debbie.Garraway@stjohnnt.asn.au or phone on 08 8922 6202

1



2



3

1 | 2013 Winner Amanda McNeill 2 | Amanda with L-R Ainslie Ward, Hon Robyn Lambley MLA, Michael Mooney and Her Honour the Honourable Sally Thomas AC
3 | Winner Amanda McNeill with some of the nominees



Marrara Golf Course, Friday 3rd May 2013

204 golfers took to the Darwin Golf Club to take part in the inaugural St John Ambulance Charity Golf Day. Participants arrived at 11pm to register their teams and practice their golf swing, before being treated to a gourmet BBQ lunch. Just before tee off, golf carts were auctioned off to the highest bidder with the bidding getting very competitive for the limited number of carts available and one team paying top dollar for the privilege. Golfers were rewarded with ideal conditions for the 1pm shotgun start, with each team playing 9 holes ambrose style. The drink's carts were kept busy rehydrating the players throughout the afternoon.

Professional golfers Shane McHenry and Scott Trembath were on hand to provide their expertise and a shot (for a donation of course!). On return to the club, some fabulous items were auctioned off and the highly anticipated prizes were presented. Sports Agencies performed extremely well, taking home the coveted prize of Best Gross Overall and Roger Dee Gardens Park was awarded Best Net Overall. The NAGA Award went to KPMG and the Longest Drive!

The day was a huge success with \$27,000 in total raised, all of which goes directly to supporting our volunteers right across the Territory and the provision of vital training equipment and uniforms. This was a massive effort from everyone involved on the day and special mention must go to organisers Marion Elix and Debbie Garraway for running such an organised and seamless event.

We are very grateful to all of our supporters for their valued contribution to this inaugural event and we look forward to all of you joining us again in May 2014 for our next Golf day which is sure to be even bigger and better.

1 | Master Putter 2 | Channel 7 Ladies 3 | Careflight Team arrive in style



St John volunteers were recognised for their contribution to the community at the Annual Volunteer Presentation night held at the Rydges Airport Resort on Friday 15th November, 2013. Commissioner, Steve Peers presented the awards and congratulated members from centres across the Territory for their outstanding efforts. The evening was a chance to say thank you for the many hours of duty contributed by our volunteers. MC, Kelly Raven welcomed the newly appointed First Aid Services Manager, Matt Maurer and his wife, Annette. Matt commenced in the role in early December.

The first presentation was for a 12 year service medal to Ron Owen from the Alice Springs Adult Division. Ron first joined St John as a volunteer in Queensland transferring to the Northern Territory in 2002. He was a member of a number of divisions in the NT and held the position of Divisional Superintendent of the Palmerston Adult Division. He is now a qualified paramedic, living in Alice Springs. Ron continues his volunteering role with the Alice Springs Adult Division.

Commissioner, Steve Peers

congratulated the winners of the 2013 NT Cadet Competitions and presented Luke McLaughlin from the Cadet Band Division the trophy for winning the Individual Competition. The Alice Springs Cadet Division won the Team section and the Cadet Leader competition was won by Serena Hyland also from Alice Springs. The team members recently Travelled for the National Cadet First Aid Competitions.

The next presentations were the 2013 Commissioners awards:

There are so many members worthy of the Commissioners awards and it is always a difficult task to chose a winner.

Mark Ferguson was announced as the 2013 Adult Volunteer of the Year. Mark has had a very busy year and has been the person to call on when help was needed. He assisted with divisional management, helped with major duties, developed new programs and policies, assisted Superintendents and Territory Officers and was a great help to the Volunteer Office staff. Mark volunteers many hours in addition to his busy paramedic role and time with his young family.

Meagan Morris from the Nhulunbuy Cadet Division was announced as the 2013 Cadet Volunteer of the Year Award. We received a wonderful detailed nomination

from Meagan's Superintendent, Reece Ravlich, who is obviously very proud of this outstanding young lady. She is a very valuable member of her division and is involved in many other organisations in her community. Her nomination states she is:

- an active young leader
- someone who excels academically
- a champion athlete
- an active member of Surf Life saving

She also represented St John Ambulance in the Relay for life, and this year chose to cut her long locks of blonde hair to raise money for the Leukemia Foundation raising over \$8,000. When her Superintendent read the Cadet Code of Chivalry - Pro Utilitate Hominum – "for the service of mankind" – this young lady came to mind. The Superintendent couldn't think of anyone who selflessly volunteers so much of their time either with St John or other community organisations. Never for personal gain, but to benefit the community and the organisation she is representing.

The Operational Support Member of the Year recognises the contribution of members who choose not to wear the black and white uniform and perform first aid but who work behind the scenes. They may assist the divisions

or the Volunteer Office, work with the cadets, do administration work or clean and restock vehicles. This year's award recipient is Mrs Pat King in recognition of her work with Peer Support. Pat has been providing a vital 24/7 Peer Support service for volunteers and staff for many years. More recently, Pat has also been involved with volunteering her time for the Community Care program.

Managing a division takes a great deal of dedication, time and commitment. Divisional Superintendents offer their valuable time running a division, ensuring their members receive quality training and are providing first aid to the community. The adult division receiving the award this year is the

Juniors. Running a cadet division in a remote area is a challenge. Reece and Makaylia have worked hard to ensure the young people have the opportunity of being a part of the St John family.

Kristy Janssen from the Alice Springs Division was announced the winner of the 2014 Peter Falkland Youth Leader Award. Kristy first joined the division in 2008 and has risen through the ranks from Corporal, Sergeant and is now Cadet Leader in her division. She received her Grand Priors Badge in Sydney in 2012 and regularly assists with the training of the cadets. She has continued this support even though this year she has been doing Year 12. Recipients of this award assume the role of the Aide-de-Camp

were Peter Falkland Award winners, involved with the Youth Council and involved in cadet first aid competitions. Amy is also a national first aid champion.

Commissioner, Steve Peers, congratulates all the winners for their achievements.



Darwin Adult Division. This is one of our busiest divisions and due to the transient nature of people in the Northern Territory sees quite a large turnover in membership. This in itself is a challenge to manage however the commitment and dedication of a small core group of members ensures the division continues to serve the community. The division has been very proactive this year in upgrading their facility, promoting their division in the local community and assisting with major duties. This year they are also working hard to make arrangements to celebrate sixty years. They organised an Open Day at their centre and held a special dinner for their members and special invited guests. Superintendent, Aaron Brooks proudly accepted the award from Commissioner, Steve Peers.

The Nhulunbuy Cadet Division were announced the winner of the Cadet Division of the Year award. Superintendent, Reece Ravlich and his wife, Makaylia have done a great job of managing the division including the addition of St John

(ADC) to the Commissioner of St John Ambulance in their State/Territory.

Two silver Commendations and one Bronze Commendation were announced.

A Bronze Commendation is awarded by the State or Territory of any St John program for high or noteworthy achievement in that program and the Silver Commendation is awarded by a State or Territory for excellent achievement of skills, judgment or devotion in that State or Territory.

Naomi Gardiner will receive a Bronze Commendation for her work with Community Care Services for the past few years.

The Silver Commendations were presented to Amy McKay and Hailee Skinner. Both Amy and Hailee have similar St John life stories. Both ladies joined as cadets and are great examples of the success of the cadet program. They progressed through the ranks from Corporal, Sergeant to Cadet Divisional Officer, received their Grand Prior Badges,



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St John Youth



- 1 Nhulunbuy Cadet Division Non Commissioned Officers Course in March
- 2 Tennant Creek Cadet Awards Presentations in July
- 3 Hailee Skinner & Sarah McLaughlin at the 2013 National Cadet Camp in Hobart
- 4 Steve Peers, Chris Tracey & Rhys Dowell at the Katherine Cadet Division in July
- 5 2013 NT Competitions Winners featuring Kelly Raven & Craig Garraway
- 6 Shannon Raven competing in the 2013 NT Cadet Competitions
- 7 Cadet Social night November with Darwin & Palmerston Cadets and Youth Division
- 8 Palmerston Cadet Photo shoot featuring Jade Squirrel, Elleana Miles & Kiana Murphy
- 9 Palmerston Cadet SmartBoard Handover in April with special guests Rotary Club, Ross Coburn & Steve Peers
- 10 Alice Springs Cadets learning the fun way in August...

St John Ambulance Community Education Program



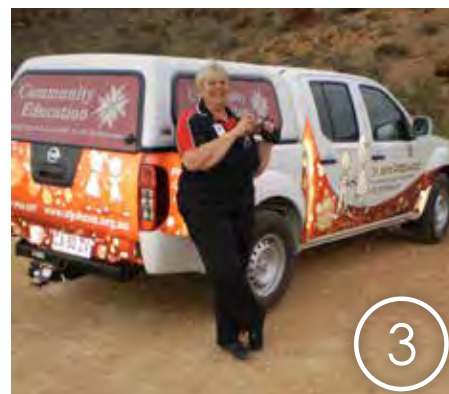
St John Ambulance NT continues to provide its Free Community Education program to schools, community groups and organisations across the Territory. Through this program St John Ambulance NT is reaching its goal of making first aid part of every Territorian's life. Our major goal for St John Ambulance NT in the next 5 years is to grow our Community Education Program to 12,500 students per year.

Last year the Community Education Program has already trained well over 5000 school students at 30 different schools throughout the Territory, not to mention the many other community organisations that have taken part in the program throughout the year. The students have been taught vital skills to help them in an emergency, skills that could save a life.

Our trainers, Kathy, Kelly and Regina, teach pre-primary to high school under the following class structure (see Table)

Childcare and Early Learning Centres

If you would like to arrange for an ambulance to visit your Centre please contact us. The Main focus of an Ambulance Visit is to promote that in an Emergency call 000. It provides a greater understanding of the role this emergency service provides to the community by showing the children the inside of an ambulance, the responsibilities of a paramedic and how some of the equipment is used.



P TO YEAR 2	YEAR 3 & 4	YEAR 5 & 6	YEAR 7 & 8
✓ Checking for danger	✓ DRSABCD	✓ DRSABCD	✓ DRSABCD
✓ Who can help	✓ Calling for an ambulance	✓ Calling for an ambulance Managing an unconscious patient	✓ Calling for an ambulance Managing an unconscious patient
✓ Calling for an ambulance	✓ Managing an unconscious patient	✓ CPR demonstration	✓ CPR and defibrillation (AED)
✓ What do paramedics look like?	✓ Bleeding and burns	✓ Bleeding and burns	✓ Bleeding and
✓ Bleeding and			
60 minutes (can include an ambulance)	60 minutes	60 minutes	90 minutes

First aid is a life skill that gives people the confidence to act in an emergency through practical actions and easy to follow step by step plans. Please speak with one of our Community Education officers for a program that is catered to fit your school or groups needs.

If you are interested and would like to book a First Aid Session or Ambulance visit for your school, centre or community group or if you would like to receive more information about volunteering with St John please contact us.

1 | Bendigo Bank proudly supported our program last year 2 | L-R Kathy, Regina & Kelly
3 | Alice Springs vehicle funded by the NDRF

Contacts

Ph: Kelly or Kathy (Northern) 8922 6248 or

Ph: Regina (Southern) 0499 994 097

E-mail: communityeducation@stjohnnt.asn.au



Books are available to purchase for \$30.00 from the Casuarina, Katherine, Alice Springs and Tennant Creek Centres, as well as the Sales office in Winnellie – for location details, please visit:

www.stjohnnt.org.au

Awkward Hours *Awkward Jobs*

lot by promotion through Facebook. The wonders of social media! I have also sold books at local markets, in Tennant Creek and at the Katherine and Darwin Shows. People bought copies to send to Scotland, England and the United States and other places unknown to me. Orders have come from Singapore and New Zealand and enquiries from England. Others are repeat customers coming back for more copies to send to friends and family down south.

ABC Television did a story for the 7.30-NT program which further helped to promote the book.

So far, feedback has been positive and quite encouraging, sufficient for a start on a future revised, expanded edition that will include the paid Ambulance Service.

We are so proud of our book that copies were sent to Buckingham Palace, the Duke of Gloucester, the Lord Prior and the Governor General.

Take a bow, St John Ambulance Northern Territory, you are now well and truly on the world map.

Frank Dunstan MStJ

After 20 months' hard work, the completed draft of Awkward Hours, Awkward Jobs was handed over on 7th February last year. The fact that this also happened to be the author's birthday added to the occasion.

It was probably mid April before proofs from Colemans Printing were ready for checking in a very intense five day – and night – period with several things found needing correction. Then it was an anxious wait to make sure that books would be delivered in time for the launch at the end of May.

On one of my routine trips into Casuarina I was thrilled to be unexpectedly handed a copy of Awkward Hours, Awkward Jobs by Commissioner Steve Peers. This was the 23rd May, and

I was assured that although all of the books had yet to be delivered, there were sufficient for pre-orders and anticipated sales after the launch.

The book was launched at Government House on the evening of Friday, 31st May by Her Honour The Honourable Sally Thomas AM DStJ, Administrator of the Northern Territory. Unknown to me, she had been given one of the draft CDs, obviously read the book and wrote a magnificent speech for the occasion.

Awkward Hours, Awkward Jobs went on sale at the National Member Convention the following day. I don't know how many books were sold on the day, but I sure did a lot of signing.

Since then, sales have been steady and quite encouraging, helped a

Celebrations



The Darwin Adult Division

celebrated sixty years of service to the Darwin Community with an Open Day at Parap Centre and a dinner at the Rydges Airport Hotel.

The Open Day on Saturday 23rd November, 2013, was a chance to display some of the wonderful history of the division including photos of volunteers who have been members over the years. It

was great to see some former members, including Joan Hunt and Wayne Dillon, coming along to say hello.

We were honoured to have some very special guests attend our celebration dinner on Saturday night. Our Deputy Prior, Her Honour, the Honourable Sally Thomas Administrator of the Northern Territory and Mr Duncan McNeill, Kezia Purich MLA, Speaker of the Legislative Assembly, Robyn Lambley MLA, Minister for Health and Alcohol Rehabilitation and Lord Mayor Katrina Fong Lim.

Chief Minister, Mr Adam Giles MLA and Mr Peter Styles MLA Minister for Infrastructure, Transport, Multicultural Affairs, Senior Territorians and Young Territorians called in to

congratulate the volunteers on their achievement. Unfortunately due to other commitments they were unable to stay for the dinner.

The Divisional Superintendent, Aaron Brooks was presented with a framed 60th Jubilee Certificate as well as a frame of historical photos of the division. Steve Peers and Peter Poole entertained the crowd with speeches about their many years of volunteering.

Thank you to Hailee Skinner for all her work in organising the weekend's events and thanks also to the Divisional Superintendent, Aaron Brooks and members of the division for their work in making the weekend such a success.



Tennant Creek celebrates Golden Jubilee

It was a grand occasion when we celebrated 50 years of St John Ambulance in Tennant Creek. Division members past and present, VIPs and guests gathered in the Bluestone Motor Inn on Thursday, 11th July to celebrate this momentous event.

Tennant Creek Adult Division started in early September 1963 as a Section of the St John Ambulance Brigade when the Tennant Creek First Aid Group was wound up. You can read the full story in **Awkward Hours, Awkward Jobs**.

VIP guests were The Hon Peter Styles MLA, Minister for Infrastructure, Multicultural Affairs, Senior Territorians and Young Territorians, and Member for Barkly, Gerry McCarthy MLA. The celebrations began with a

parade and presentations to the Tennant Creek Cadet Division at the Ambulance Centre, followed by snacks and a most remarkable cake, made by Cadet Superintendent, Samantha Cameron, in the shape of a St John issue Akubra. Then it was off to the Bluestone Motel function room for the main event. Social drinks were followed by an excellent meal and then on to the speeches and presentations. These included the Jubilee Certificate, a magnificent framed memorial to founding member Bill Fullwood OAM and a framed photo of the Tennant Creek Combined Division's 1978 Annual Inspection. This is significant in that it includes the original Tennant Creek cadets, one of whom, Josephine Bethel, returned from Canberra to be present on the night. The NTES presented a commemorative award to Steve Russell on behalf of the Division.

Awards made to Division members included the Richard Morris Community Spirit Award for Justin Hankinson and his 17 year Service Bar.

It was a magnificent occasion and congratulations to everybody who worked so hard to make it all come together ... and congratulations on the letter from Her Majesty Queen Elizabeth.





The St John Ambulance (NT)

Endowment Trust

St John Ambulance Endowment Trust

Supporting our Volunteers

The St John Ambulance NT Endowment Trust is the fundraising body which allows us to support the vital work of our Volunteers. Throughout the Territory, volunteers dedicate their time 365 days of the year to ensure that community, sporting and family events can take place safely. To ensure they can continue their valuable work providing first aid services to the Northern Territory community we raise funds through The Endowment Trust, which is chaired by Mr Andrew Bruyn AM, General Manager of Channel 9 Darwin and Patron, Chief Justice Trevor Riley, QC, KStJ. With their support and that of well respected members of the local business community, who share the same passion and vision for Volunteers across the Territory, we can ensure the ongoing training, uniforms and training equipment can be supplied at no cost to the volunteer.

We are very fortunate to have a number of long term supporters who are part of the 'St John

Family' and have been delighted to welcome some new members through our Charity Golf Day in May. With over 400 Volunteers across the Territory contributing an impressive 43,000 hours of their time to public events, The Endowment Trust is vital to their ongoing success. The Endowment Trust has supported a number of significant achievements over the last 12 months. Most notably in the area of Community Education, more schools and community groups are benefiting from First Aid training than ever before. Through the Community Education program, St John NT has provided over 5000 Territorians with face-to-face training.

Our major goals for St John Ambulance NT Volunteers in the next 5 years is to grow our Community Education Program to 12,500 students per year and to change volunteer recruitment to a more flexible and purpose driven program. No longer do people volunteer for life. Our aim is to make First Aid a part of every Territorian's life.

In November last year, Endowment Trust members were invited to join us for an 'Appreciation Evening' on the 'Charles Darwin' for a sunset dinner cruise. This gave us the opportunity to thank them for their generous support over the year and share with them the future vision of St John Ambulance NT. It was a wonderful night of celebration with members being inspired by the work already achieved and encouraged to continue their close association with St John NT. All members were personally acknowledged for their valuable contribution, with two more long term supporters added to our Hall of Fame Honour Board, Merit Partners and JR Communications/Telstra Shop Palmerston.

Thank you all for your ongoing and valuable support.



“We take pride in who we are and what we do, so it’s nice to know that others do too.”

This year St John Ambulance Australia (NT) Inc Intensive Care Paramedic and Station Officer, Warren Purse, and Darwin Cadet, Ben Hankin both received Pride of Australia (NT) Medals.

These Medals acknowledge their perseverance and commitment to bettering themselves and the community, and their positive ‘give it a go’ spirit.

Warren, or ‘Wazza’, as he is affectionately known was recognised for dedicating his life to keeping people safe on our roads with a Heroism Medal, and Ben Hankin received the Child of Courage Medal for his strength and bravery in the face of adversity.

Special commendation goes to St John NT Volunteer, Anthony Kleidon, for his nomination in the Community Spirit category.

The Board and Management of St John Ambulance Australia (NT) Inc extends heartfelt congratulations to all the Pride of Australia Awards recipients and nominees.



GLEN AURICHT NAMED 2013 NT ACHIEVER OF THE YEAR

”Volunteering is *Awesome*

This is the way Glen Auricht described his volunteering experience during his acceptance speech at the 2013 Australia Day Ball when he was named the 2013 NT Achiever of the Year. Glen was presented the award by Chief Minister, The Hon Mr Terry Mills MLA and gave a heartfelt speech recognising the team of volunteers he works with and his love and support of his family. After the presentation many of the large crowd congratulated Glen on his achievement and for the speech he made saying that they had tears in their eyes whilst listening to him.

In addition to the NT Achiever of the Year, Glen was named the 2013 Centralian Citizen of the Year.

Glen has lived in the Northern Territory for over 40 years, is passionate about Central Australia and has been recognised not only for his work within St John as the Alice Springs Superintendent but also for his work with the Finke Desert Race, motor sports and the Strehlow Research Centre.

Congratulations Glen.

In addition to the above recognition, at an award ceremony in Alice Springs mid last year, Minister for Central Australia, Matt Conlan MLA presented nominee certificates to Alice Springs Divisional Superintendent Glen Auricht and to Commissioner Steve Peers. Glen was nominated in three categories: Chief Minister's Medal for Volunteering Achievement, Chief Minister's Medal for Volunteer Services and Chief Minister's Medal for Emergency Service. St John Ambulance was nominated for the Volunteering SA & NT Award for Organisational Excellent.

Well done Glen and SJANT...!

Kick start *Hearts*

If someone suffered a sudden cardiac arrest their chances of survival increased this past year thanks to St John Ambulance NT, City of Darwin and Nightcliff Bendigo Bank. Together they practically doubled the number of publicly accessible AEDs, or heart starts, in Darwin overnight.

Eight new AEDs (automated external defibrillators) were installed at strategic locations around Darwin chosen for the high volume of locals and travellers they attract each year.

For every minute that passes after cardiac arrest and before defibrillation the chances of survival diminish by 10%. 'When combined with CPR, an AED can increase the chance of survival by more than 75%,' explained St John Ambulance Australia (NT) CEO, Ross Coburn. 'Simply put these heart starts will save lives.'

Grants totalling more than \$18,000 from Nightcliff Bendigo Bank's Community Enterprise Foundation and Darwin City Council's Community Grants Program allowed St John Ambulance NT to purchase and install the AEDs, and provide training on how to perform CPR and use AEDs for staff at each location.

The eight new AEDs were installed at Nightcliff Sports Club, Darwin Trailer Boat Club, NT Rugby League Club Marrara, Darwin Golf Club, Darwin Turf Club, Darwin Sailing Club, Darwin Ski Club and the Museum and Art Gallery of the NT.

'Of course we hope they never have to be used, but we're proud to be able to help the Territory community for when they are needed, said Jeff Watson, Bendigo Bank Nightcliff Branch Manager.



According to AED locator Apps there were previously only five other AEDs registered around Darwin. Yet, it's believed there are many more unregistered AEDs across the Territory.

'Not knowing a defibrillator is nearby when needed can cost lives. We are urging people and businesses, to register their AEDs,' said Ross.

Following this partnership St John NT and Bendigo Bank have continued to build a strong and resilient Territory community by installing another unit at the Darwin RSL and two more in Katherine.

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Exercise *Missed Approach*

- GOVE / NHULUNBUY NT
- Population 4000
- Paramedics - 3
- Time 0845 - received call from VKM (Police) that plane has missed approach at airport.

Officers Harris and Schuman are on call and making good use of their time on station researching pilgrim costumes for up and coming festivities of Thanksgiving. On receiving the call for a potential plane crash, Harris and Schuman ready themselves for the "exercise". With heavy hearts and dashed hopes of greatness in the craft department of pilgrim hat making, they move towards the ambulance.

Heavy skies full of laden clouds ready to burst their seams hover above Car 67 (AKA the Maxwell) as it dashes out of the ambulance station driveway. Officer Schuman's voice wavers on the phone as she rings communications and informs them that "exercise missed approach has now commenced". "Game on" they say. And despite the fact that this is an exercise, Harris and Schuman are nervous and excited about what to expect.

Arriving at the crash gate with trepidation, the officers note that they are the only emergency service there. Little information at this stage has been given about the plane and with referees outnumbering emergency services, the crew feels under the spotlight. When Schuman and Harris are under the spotlight things can go either two ways: they will either entertain with song, dance or jokes or they will go into professional "I know

what I am doing" mode. Luckily today they chose professional. Clear words, concise instructions and important messages are passed. Schuman and Harris put on the best display they have given in quite some time and are disappointed that no notes are taken by the referees on their efforts!

Like the battlefields at Hamburger Hill, a clear and empty space behind the battle line fills with lights, heavy engine noises and commotion. It's not the infantry with APC, it's the Furies which is just as good. The comfort now turns to dismay on being informed by VKM that it has confirmed that a plane is down with 14 passengers, there is fire and the plane is carrying radioactive material. Nothing like a challenge!

Schuman and Harris look at each other and hope beyond all hope that those Furies know what they are doing. Those Furies of course knew what they were doing they had it all under control and the radioactive material was declared safe. Harris and Schuman can now proceed to the crash scene. On arrival through the hazy drizzle, a plane is smouldering and bodies lay around unmoving and covered with foam. It's an exercise but it hard to not imagine that this could be a realistic scene. Hearts begin to race and Schuman and Harris jump with excitement out of the car.

What followed was at times controlled, at times not. What did happen was that Schuman and Harris found out what this town Nhulunbuy is all about. Furies brought injured victims to the casualty collecting post and three volunteers rolled up to assist. Mines rescue arrived like the cavalry and together they moved 11 casualties from the accident site to definitive care in under twenty minutes.

Schuman and Harris reflected that perhaps in real time it would have taken a lot longer as after all they were 'just pretending' to treat the injured. It was amazing how quick they could attend a patient and have them packaged with imaginary bandages, spinal precautions, IV lines and drugs.

How much those girls learnt that day. Not only about the amazing camaraderie shown by our volunteers and the emergency services in Gove but just how they cope on their own. Despite the initial in apprehension, Schuman and Harris might have just pulled it off.

Natasha Schuman
Officer in Charge



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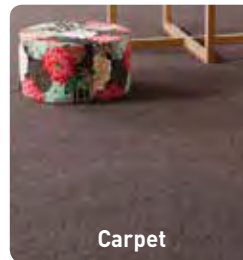
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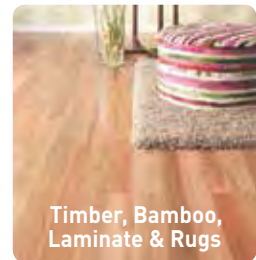
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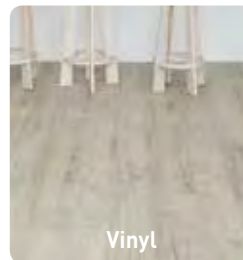
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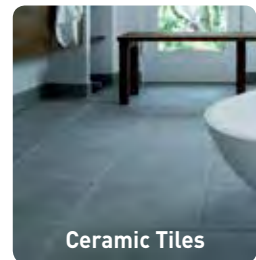
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