

Media Release

For immediate release
29 September 2016

Challenging First Aid skills, do they have what it takes?

The Darwin Waterfront will become a hive of activity this Sunday the 2nd of October when St John Ambulance Cadets take part in the Annual First Aid Competitions. These competitors will be faced with simulated, lifelike accident scenarios and will be given the opportunity to put their First Aid skills and knowledge to the test. These scenarios will be situated in various locations across the beautiful waterfront precinct. Cadets will need to be ready to treat a variety of ailments and injuries from minor cuts and abrasions to major incidents, for example: deadly bites and stings, heart attack, amputations or lacerations.

Five teams, two cadet leaders and four individual competitors from across Darwin, Palmerston, Katherine, Tennant Creek and Alice Springs will put their life saving skills to the test to not only win the local trophy, but earn them a place on the team that will travel to the Gold Coast in January to attend the National Competitions and put their skills to the test with the best of the rest of the country.

Volunteer casualties will have their 'make up', or CasSim (casualty simulation) applied to mimic real injuries which the competitors will need to assess and choose the correct treatment to use on the casualty. The skills used to triage, assess and then appropriately treat all of the injuries found, will earn them valuable points during their timed assessment.

St John Ambulance NT Commissioner, Mark Ferguson stated, 'These competitions challenge the cadets to draw on all of their training, leadership skills, problem solving and first aid knowledge, to ensure their 'patient' is given the most appropriate care".

There are over 555 St John Ambulance volunteers across the Territory from Darwin, Katherine, Nhulunbuy, Tennant Creek and Alice Springs. Over half of those are cadets aged 11-18 years old.

We encourage members of the public to come down and show their support for the cadets, with competitions running from 9am to approximately 1pm.

For more information please contact the Volunteer Office on 89226205 or visit our website at www.stjohnnt.org.au

Media Contact

Debbie Garraway 0417 837 135 debbie.garraway@stjohnnt.asn.au

St John Ambulance Australia (NT) Inc.

ABN 85 502 986 808

50 Dripstone Road, Casuarina, NT 0810 | PO Box 40221 Casuarina NT 0811

Tel 08 8922 6200 | Fax 08 8922 6266

Web: www.stjohnnt.org.au