

# Provide first aid

Options available: 2 days, 1 day (with pre-work) OR assessment only (with pre-work)



The flagship St John Ambulance first aid course covers a comprehensive range of topics to enable participants to confidently manage emergency situations and provide a first aid response to a casualty. It covers the most common first aid injuries and illnesses. It is suitable for both people in workplaces and members of the public who want training in first aid. (Previously known as Senior First Aid, Workplace Level 2, and Apply First Aid)

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## Certificate:

On successful completion of this course you will be issued a Certificate which is a statement of attainment in:

- HLTAID001 Provide cardiopulmonary resuscitation
- HLTAID002 Provide basic emergency life support
- HLTAID003 Provide first aid

St John recommends, in line with Australian Resuscitation Council guidelines and Safework Australia's First Aid in the Workplace Code of Practice, that first aid skills are renewed at least every three years and CPR skills (HLTAID001) every 12 months.

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## Course Outline:

This course covers the following:

- Roles and responsibilities of the first aider
- The DRSABCD action plan and responding to emergency situations
- Managing unconscious casualties
- Cardiopulmonary resuscitation (CPR)
- Using a defibrillator (AED)
- Legal issues in first aid
- Infection control
- Diabetes
- Heart attack
- Asthma
- Anaphylaxis
- Wound and bleeding management
- Burns
- Fractures and dislocations
- Sprains and strains
- Head and facial injuries
- Spinal injuries
- Medical emergencies
- Choking
- Abdominal and chest injuries
- Heat and cold induced conditions
- Poisoning management
- Bites and stings
- Stroke

Assessment is through a combination of practical first aid activities and a written test paper. You will be required to demonstrate CPR on a manikin on the floor.

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## Entry Requirements/Prerequisites

There are no entry requirements or prerequisites to undertake this training.

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## Course duration

St John offers a variety of flexible options to complete this qualification, including:

- **2 days** – This is best suited to people who are new to first aid or where English is a second language.
- **1 day** - Students complete an e-learning module and one day face-to-face of practice and assessment. This course is for those who are confident in their skills and want to gain their certification quickly. It is appropriate for experienced first aiders and people who complete their training regularly.
- **Assessment only**. This course is for those who are confident in their skills and only want to complete the assessment. Students complete an e-learning module and assessment (half day).

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## Locations

St John delivers first aid courses in more locations in Australia than any other training provider.

Choose from our range of locations to suit your needs:

- Public - at a venue near you.
- Onsite - at a venue of your choice.
- Customised - On-site consultation.
- Online – online training via our E-Learning platform.

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## Delivery by RTO Partners

St John Ambulance Australia courses may be delivered by way of partnership agreements (e.g. with state/territory St John Ambulance organisation). These partners have an agreement in place and is authorised to deliver training on behalf of St John Ambulance Australia Inc. (RTO 88041).

A list of the partners' contact details is available at [www.stjohn.org.au](http://www.stjohn.org.au) or via 1300 ST JOHN.

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## More information

For more information about completing a course with St John Ambulance Australia, including complaints and appeals and privacy, download the student information handbook which is located at <https://www.stjohnnt.org.au/img/documents/course-infosheet/student-handbook.pdf>.

For more information on this course contact a St John Ambulance Australia training office in your area.

**1300 ST JOHN (1300 78 5646)**

**[www.stjohn.org.au](http://www.stjohn.org.au)**

**RTO 88041**

