

# Occupational First Aid

Options available: 3.5 - 4 days OR 2 days (with pre-work)



Do you work with heavy machinery or in a high risk work environment? A higher first aid qualification may be required to ensure your staff and employees are protected against potential dangers. Our Occupational First Aid course equips students for emergencies in a high risk work environment and provides the skills necessary to be responsible for a first aid room.

---

## Certificate:

On successful completion of this course you will be issued a Certificate in:

- HLTSS00027 Occupational first aid skill set

which consists of the following units of competency:

- HLTAID006 Provide advanced first aid
- HLTAID007 Provide advanced resuscitation
- HLTAID008 Manage first aid services and resources

Most workplaces require a specific number of people to successfully complete this qualification. St John recommends, in line with Australian Resuscitation Council guidelines and Safework Australia's First Aid in the Workplace Code of Practice, that first aid skills are renewed at least every three years and CPR skills (HLTAID007) every 12 months.

---

## Course Outline:

This course covers the following:

- Resuscitation including using a soft bag resuscitator
- Oxygen therapy and application of an AED, including equipment maintenance
- Clinical assessment in detail
- Basic anatomy of all body systems
- Triage
- Risk assessment
- Managing all aspects of a First Aid Room
- Documentation
- Planning a response to a major incident
- Evaluating provision of First Aid
- Management of:
  - Eye injuries
  - Lifting and moving of a casualty
  - Head, neck and spinal injuries including collars and spine board
  - Childbirth (overview)
  - Casualties - emotionally disturbed and under the influence of drugs and alcohol
  - Post incident management
  - First Aid in the context of the workplace
  - Relevant First Aid legislation

Assessment is through a combination of practical first aid activities, written activities and a written test paper. You will be required to demonstrate CPR on a manikin on the floor.

---

## Entry Requirements/Prerequisites

There are no entry requirements or prerequisites to undertake this training.

---

## Course duration

St John offers the following:

- **3.5 - 4 days.** The duration varies by State/Territory to include local requirements. Students that have completed HLTAID003 Provide First Aid within the previous 12 months may request an exemption from day one of the course.
  - **2 days.** Students complete an e-learning module, and 2 days of practice and assessment. This course is for those who are confident in their skills and want to gain their certification quickly. It is appropriate for experienced first aiders and people who complete their training regularly.
- 

## Locations

St John delivers first aid courses in more locations in Australia than any other training provider. Choose from our range of locations to suit your needs:

- Public - at a venue near you.
  - Onsite - at a venue of your choice.
  - Customised - On-site consultation.
  - Online – online training via our E-Learning platform.
- 

## Delivery by RTO Partners

St John Ambulance Australia courses may be delivered by way of partnership agreements (e.g. with state/territory St John Ambulance organisation). These partners have an agreement in place and is authorised to deliver training on behalf of St John Ambulance Australia Inc. (RTO 88041).

A list of the partners' contact details is available at [www.stjohn.org.au](http://www.stjohn.org.au) or via 1300 ST JOHN.

---

## More information

For more information about completing a course with St John Ambulance Australia, including complaints and appeals and privacy, download the student information handbook which is located at <https://www.stjohnnt.org.au/img/documents/course-infosheet/student-handbook.pdf>.

For more information on this course contact a St John Ambulance Australia training office in your area. 1300 ST JOHN (1300 78 5646)

[www.stjohn.org.au](http://www.stjohn.org.au)

**RTO 88041**

