

# Advanced First Aid Plus

Options available: 3 days (with pre-work), 2 days (with pre-work)

Provide advanced first aid is appropriate for people who work in high risk areas, act as first aiders to larger facilities or groups, or work in areas where help may be delayed or have difficulty accessing casualties. This course covers a broad range of advanced skills and provides you with high level skills in management of large incidents, major trauma, advanced resuscitation and managing emotionally or drug affected casualties.



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## Certificate:

On successful completion of this course you will be issued a Certificate which is a statement of attainment in:

- HLTAID001 Provide cardiopulmonary resuscitation
- HLTAID002 Provide basic emergency life support
- HLTAID003 Provide first aid
- HLTAID006 Provide advanced first aid
- HLTAID007 Provide advanced resuscitation

St John recommends, in line with Australian Resuscitation Council guidelines and Safework Australia's First Aid in the Workplace Code of Practice, recommend that first aid skills are renewed at least three years and resuscitation skills are renewed (HLTAID001/HLTAID007) every 12 months.

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## Course Outline:

This course covers the following:

- Major trauma management
- Triage
- Use of spine boards and stretchers
- Managing emotionally disturbed casualties
- Pulse, blood pressure and pupil reactions
- Medications
- Clinical assessments
- Pain management
- Body systems
- Drug and alcohol affected casualties
- DRSABCD action plan
- Infection control
- Automated external defibrillation (AED)
- Soft bag resuscitation
- Administration of oxygen
- Oxygen delivery systems
- Oxygen powered resuscitation
- Oropharyngeal airways
- Suction equipment
- Post incident stress management

Assessment is through a combination of practical first aid activities and a written test paper. You will be required to demonstrate CPR on a manikin on the floor.

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## Entry Requirements/Prerequisites

There are no entry requirements or prerequisites to undertake this training.

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## Course duration

- **3 Days** – Students complete an e-learning module. Students that have completed HLTAID003 Provide First Aid within the previous 12 months may request an exemption from day one of the course.
  - **2 Days** – Students complete a larger e-learning module. This option is for those who are confident and want to gain their certification quickly. It is appropriate for experienced first aiders and people who complete their training regularly.
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## Locations

St John delivers first aid courses in more locations in Australia than any other training provider. Choose from our range of training products to suit your needs:

- Public - at a venue near you.
  - Onsite - at a venue of your choice.
  - Customised - On-site consultation.
  - Online – online training via our E-Learning platform.
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## Delivery by RTO Partners

St John Ambulance Australia courses may be delivered by way of partnership agreements (e.g. with state/territory St John Ambulance organisation). These partners have an agreement in place and is authorised to deliver training on behalf of St John Ambulance Australia Inc. (RTO 88041).

A list of the partners' contact details is available at [www.stjohn.org.au](http://www.stjohn.org.au) or via 1300 ST JOHN.

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## More information

For more information about completing a course with St John Ambulance Australia, including complaints and appeals and privacy, download the student information handbook which is located at <https://www.stjohnnt.org.au/img/documents/course-infosheet/student-handbook.pdf>.

For more information on this course contact a St John Ambulance Australia training office in your area. 1300 ST JOHN (1300 78 5646)

[www.stjohn.org.au](http://www.stjohn.org.au)

**RTO 88041**

