



ST JOHN  
AMBULANCE  
AUSTRALIA INC.  
TOID 88041

# REMOTE AREA FIRST AID

This remote area first aid course is specifically designed to meet the first aid needs of bushwalkers, wilderness guides, and people who work or live in remote locations.

The course covers everything from comprehensive first aid treatments to aeromedical evacuation, long-term care, self-care and contingency planning. This course is focused on the safety of the first aider and extended care of an ill or injured casualty where help is likely to be delayed or inaccessible.

## COURSE DURATION

3 days (with pre-work) Students complete an e-learning module. Students that have completed HLTAID003 Provide First Aid within the previous 12 months may request an exemption from day one of the course.

## CERTIFICATE

On successful completion of this course you will be issued a statement of attainment in:

- HLTAID001 Provide cardiopulmonary resuscitation
- HLTAID002 Provide basic emergency life support
- HLTAID003 Provide first aid
- HLTAID005 Provide first aid in remote situations

St John recommends, as per the *First Aid in the Workplace Code of Practice* and the Australian Resuscitation Council guidelines, that first aid skills are renewed every 3 years and resuscitation skills (HLTAID001/HLTAID007) are renewed every 12 months.

## COURSE OUTLINE

In addition to the topics covered in the *Provide First Aid* course, this course covers:

- Planning and preparing
- Managing the remote situation
- Prolonged care of casualties and self
- Infection control in remote situations
- Managing the deteriorating casualty
- Triage
- Managing injuries and illness
- Lifting and moving casualties
- Bites and stings
- Emergency communications
- Rescue preparation and evacuation

## ASSESSMENT METHODS

A successful outcome for this statement of attainment will be determined by a range of different assessment methods including written assessment, observation of simulated and practical activities etc.

You will be required to demonstrate CPR on a manikin on the floor.



## REMOTE AREA FIRST AID

### ENTRY REQUIREMENTS/PREREQUISITES

There are no entry requirements or prerequisites to undertake this training.

### LOCATIONS

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- PUBLIC At a venue near you.
- CUSTOMISED On-site consultation.
- ONSITE At a venue of your choice.
- ONLINE Training delivered online from our E-Learning platform.

### DELIVERY BY ST JOHN'S RTO PARTNERS

St John Ambulance Australia's courses are delivered by way of partnership agreements (e.g. with State/Territory St John Ambulance organisations). In a formal agreement, our partners are authorised to deliver training on behalf of St John Ambulance Australia Inc. (TOID 88041).

Our partners' contact details are available from [www.stjohn.org.au](http://www.stjohn.org.au) or call 1300 ST JOHN.

### PARTICIPANT'S HANDBOOK

For more information about completing a course with St John Ambulance Australia, including complaints, appeals and privacy information, download the Participant's Handbook from [www.stjohn.org.au](http://www.stjohn.org.au). We actively tailor training for people from diverse backgrounds and abilities and encourage all to apply.

For more information on this course, contact the St John Ambulance Australia Training Office in your area. **1300 ST JOHN (1300 785 646)** [www.stjohn.org.au](http://www.stjohn.org.au)

