



ST JOHN  
AMBULANCE  
AUSTRALIA INC.  
TOID 88041

# EMERGENCY FIRST AID

This course will provide you with the skills to manage emergency first aid situations, including managing the unconscious casualty, performing CPR, controlling bleeding and managing other life-threatening situations. It is suitable for people in workplaces and members of the public who want to be able to manage an emergency first aid situation.

This course covers the material in the first half of the *Provide First Aid* Course.

## COURSE DURATION

This is a one-day, face-to-face training course

## CERTIFICATE

On successful completion of this course you will be issued a statement of attainment in:

- HLTAID001 Provide cardiopulmonary resuscitation
- HLTAID002 Provide basic emergency life support

St John recommends, as per the *First Aid in the Workplace Code of Practice* and the Australian Resuscitation Council guidelines, that resuscitation skills are renewed every 12 months.

## COURSE OUTLINE

This course covers:

- How to manage a first aid scenario
- Wounds and bleeding
- An unconscious breathing person
- An unconscious non-breathing person (includes CPR and use of an AED)
- Burns
- Chest pain
- Choking
- Anaphylaxis
- Drowning
- Asthma
- Shock

## ASSESSMENT METHODS

A successful outcome for this statement of attainment will be determined by a range of different assessment methods including written assessment, observation of simulated and practical activities etc.

You will be required to demonstrate CPR on a manikin on the floor.

## ENTRY REQUIREMENTS/PREREQUISITES

There are no entry requirements or prerequisites to undertake this training.



## EMERGENCY FIRST AID

### LOCATIONS

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- PUBLIC At a venue near you.
- CUSTOMISED On-site consultation.
- ONSITE At a venue of your choice.
- ONLINE Training delivered online from our E-Learning platform.

### DELIVERY BY ST JOHN'S RTO PARTNERS

St John Ambulance Australia's courses are delivered by way of partnership agreements (e.g. with State/Territory St John Ambulance organisations). In a formal agreement, our partners are authorised to deliver training on behalf of St John Ambulance Australia Inc. (TOID 88041).

Our partners' contact details are available from [www.stjohn.org.au](http://www.stjohn.org.au) or call 1300 ST JOHN.

### PARTICIPANT'S HANDBOOK

For more information about completing a course with St John Ambulance Australia, including complaints, appeals and privacy information, download the Participant's Handbook from [www.stjohn.org.au](http://www.stjohn.org.au). We actively tailor training for people from diverse backgrounds and abilities and encourage all to apply.

For more information on this course, contact the St John Ambulance Australia Training Office in your area. **1300 ST JOHN (1300 785 646)** [www.stjohn.org.au](http://www.stjohn.org.au)

