



ST JOHN  
AMBULANCE  
AUSTRALIA INC.  
TOID 88041

# ASTHMA AND ANAPHYLAXIS IN WORKPLACE

This course is designed to give you the confidence, knowledge and skills to recognise and manage asthmatic and anaphylactic emergencies including the use of the asthma inhaler and the adrenaline auto-injector.

## COURSE DURATION

Half day of face-to-face training and assessment.

## CERTIFICATE

On successful completion of this course you will be issued a statement of attainment in:

- 22282VIC - Course in the Emergency Management of Asthma in the Workplace
- 22300VIC- Course in First Aid Management of Anaphylaxis

St John recommends, as per the *First Aid in the Workplace Code of Practice* and the Australian Resuscitation Council guidelines, that asthma and anaphylaxis skills are renewed every 12 months.

## COURSE OUTLINE

This course covers the following:

- Asthma, Anaphylaxis and allergy overview
- Asthma and Anaphylaxis signs, symptoms and triggers
- Asthma and Anaphylaxis medications and devices
- Asthma and Anaphylaxis action plans
- Asthma and Anaphylaxis risk management planning for the workplace
- Hands-on-practice in using Asthma inhalers and spacers
- Hands-on-practice adrenaline auto-injector administration (Epi-pen)
- Asthma and Anaphylaxis first aid management

## ASSESSMENT METHODS

A successful outcome for this statement of attainment will be determined by a range of different assessment methods including written assessment, observation of simulated and practical activities etc.

You will be required to demonstrate CPR on a manikin on the floor.

## ENTRY REQUIREMENTS/PREREQUISITES

There are no entry requirements or prerequisites to undertake this training however it is recommended that students have current CPR training as well.



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### LOCATIONS

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- PUBLIC At a venue near you.
- CUSTOMISED On-site consultation.
- ONSITE At a venue of your choice.
- ONLINE Training delivered online from our E-Learning platform.

### DELIVERY BY ST JOHN'S RTO PARTNERS

St John Ambulance Australia's courses are delivered by way of partnership agreements (e.g. with State/Territory St John Ambulance organisations). In a formal agreement, our partners are authorised to deliver training on behalf of St John Ambulance Australia Inc. (TOID 88041).

Our partners' contact details are available from [www.stjohn.org.au](http://www.stjohn.org.au) or call 1300 ST JOHN.

### PARTICIPANT'S HANDBOOK

For more information about completing a course with St John Ambulance Australia, including complaints, appeals and privacy information, download the Participant's Handbook from [www.stjohn.org.au](http://www.stjohn.org.au). We actively tailor training for people from diverse backgrounds and abilities and encourage all to apply.

For more information on this course, contact the St John Ambulance Australia Training Office in your area. **1300 ST JOHN (1300 785 646)** [www.stjohn.org.au](http://www.stjohn.org.au)

