



ST JOHN  
AMBULANCE  
AUSTRALIA INC.  
TOID 88041

# ADVANCED RESUSCITATION

The St John Advanced Resuscitation course is a course designed for experienced first aiders who use specific equipment and often work in higher risk environments. This course develops advanced skills for providing life support and focuses on the use of oxygen delivery systems and in-depth knowledge and skill in the use of Automated External Defibrillators (AED).

This unit describes the skills and knowledge required to use specialised equipment in the provision of resuscitation in line with the Australian Resuscitation Council guidelines.

## COURSE DURATION

St John offers the following options:

1. One day, face-to-face training and assessment.
2. Assessment only, half day face-to-face of short practice and then assessment. This course is for those who are confident in their skills and are experienced first aiders, health care professionals and people who complete their training regularly.

## CERTIFICATE

On successful completion of this course you will be issued a statement of attainment in:

- HLTAID001 Provide cardiopulmonary resuscitation
- HLTAID007 Provide advanced resuscitation

St John recommends, as per the *First Aid in the Workplace Code of Practice* and the Australian Resuscitation Council guidelines, that resuscitation skills (HLTAID001/HLTAID007) are renewed every 12 months.

## COURSE OUTLINE

This course covers:

- DRSABCD action plan
- Infection control
- Automated External Defibrillation (AED)
- Soft bag resuscitation
- Administration of oxygen
- Oxygen delivery systems
- Oxygen therapy and resuscitation
- Oropharyngeal airway
- Bag valve mask (BVM)
- Legal and other requirements
- Cardiopulmonary resuscitation
- Anatomy and physiology
- Assessment of vital signs
- Levels of consciousness
- Suction equipment
- Maintenance of resuscitation equipment



## ADVANCED RESUSCITATION

### ASSESSMENT METHODS

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities etc.

You will be required to demonstrate CPR on a manikin on the floor.

### ENTRY REQUIREMENTS/PREREQUISITES

There are no entry requirements or prerequisites to undertake this training.

### LOCATIONS

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- PUBLIC At a venue near you.
- CUSTOMISED On-site consultation.
- ONSITE At a venue of your choice.
- ONLINE Training delivered online from our E-Learning platform.

### DELIVERY BY ST JOHN'S RTO PARTNERS

St John Ambulance Australia's courses are delivered by way of partnership agreements (e.g. with State/Territory St John Ambulance organisations). In a formal agreement, our partners are authorised to deliver training on behalf of St John Ambulance Australia Inc. (TOID 88041).

Our partners' contact details are available from [www.stjohn.org.au](http://www.stjohn.org.au) or call 1300 ST JOHN.

### PARTICIPANT'S HANDBOOK

For more information about completing a course with St John Ambulance Australia, including complaints, appeals and privacy information, download the Participant's Handbook from [www.stjohn.org.au](http://www.stjohn.org.au). We actively tailor training for people from diverse backgrounds and abilities and encourage all to apply.

For more information on this course, contact the St John Ambulance Australia Training Office in your area. **1300 ST JOHN (1300 785 646)** [www.stjohn.org.au](http://www.stjohn.org.au)

