



ST JOHN  
AMBULANCE  
AUSTRALIA INC.  
TOID 88041

# ADVANCED FIRST AID

This course is appropriate for people who work in high risk areas, act as first aiders to larger facilities or groups, or work in areas where help may be delayed or have difficulty accessing casualties.

The course covers a broad range of advanced skills and provides you with high level skills in management of large incidents, major trauma, sudden cardiac arrest, emotionally disturbed and drug affected casualties.

## COURSE DURATION

St John offers the following options:

1. 3 days (with pre-work) Students complete an e-learning module. Students that have completed HLTAID003 Provide First Aid within the previous 12 months may request an exemption from day one of the course.
2. 4 days (no pre-work) There is no pre-work and students are required to attend all the days of the course except for those who have completed HLTAID003 Provide First Aid may be entitled for exemption.

## CERTIFICATE

On successful completion of this course you will be issued a statement of attainment in:

- HLTAID001 Provide cardiopulmonary resuscitation
- HLTAID002 Provide basic emergency life support
- HLTAID003 Provide first aid
- HLTAID006 Provide advanced first aid

St John recommends, as per the *First Aid in the Workplace Code of Practice* and the Australian Resuscitation Council guidelines, that first aid skills are renewed every 3 years and resuscitation skills (HLTAID001/HLTAID007) are renewed every 12 months.

## COURSE OUTLINE

This course covers:

- Major trauma management
- Triage
- Use of spine boards and stretchers
- Managing emotionally disturbed casualties
- Pulse, blood pressure and pupil reactions
- Medications
- Clinical assessments
- Pain management
- Body systems
- Drug and alcohol affected casualties
- DRSABCD action plan
- Infection control
- Automated external defibrillation (AED)
- Soft bag resuscitation
- Administration of oxygen
- Oxygen delivery systems
- Oxygen powered resuscitation
- Oropharyngeal airways
- Suction equipment
- Post incident stress management



## ADVANCED FIRST AID

### ASSESSMENT METHODS

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities etc.

You will be required to demonstrate CPR on a manikin on the floor.

### ENTRY REQUIREMENTS/PREREQUISITES

There are no entry requirements or prerequisites to undertake this training.

### LOCATIONS

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- PUBLIC At a venue near you.
- CUSTOMISED On-site consultation.
- ONSITE At a venue of your choice.
- ONLINE Training delivered online from our E-Learning platform.

### DELIVERY BY ST JOHN'S RTO PARTNERS

St John Ambulance Australia's courses are delivered by way of partnership agreements (e.g. with State/Territory St John Ambulance organisations). In a formal agreement, our partners are authorised to deliver training on behalf of St John Ambulance Australia Inc. (TOID 88041).

Our partners' contact details are available from [www.stjohn.org.au](http://www.stjohn.org.au) or call 1300 ST JOHN.

### PARTICIPANT'S HANDBOOK

For more information about completing a course with St John Ambulance Australia, including complaints, appeals and privacy information, download the Participant's Handbook from [www.stjohn.org.au](http://www.stjohn.org.au). We actively tailor training for people from diverse backgrounds and abilities and encourage all to apply.

For more information on this course, contact the St John Ambulance Australia Training Office in your area. **1300 ST JOHN (1300 785 646)** [www.stjohn.org.au](http://www.stjohn.org.au)

